TERMS & CONDITIONS / WAIVER & RELEASE FOR THE WORLD KETTLEBELL SPORT FEDERATION OPEN NORTH AMERICAN CHAMPIONSHIP

PLEASE READ THIS DOCUMENT CAREFULLY. BY PARTICIPATING IN THIS EVENT, YOU AGREE TO THE TERMS AND CONDITIONS STATED BELOW.

1. Waiver of Liability

I understand that participating in athletic competitions and events carries a risk of physical injury. I hereby release, discharge, and agree to indemnify and hold harmless The Athlete Lab (the "Venue"), the American Kettlebell Lifters Union & the World Kettlebell Sport Federation (the "Sanctioning Bodies"), the Twin Cities Kettlebell Club (the "Event Organizer"), and their respective directors, officers, employees, volunteers, and agents from any liability for injuries or damages to myself, my property, or to any and all claims of causes of action that I may hereafter acquire, directly or indirectly, from my participation in this event.

2. Release of Images/Likeness

 I hereby grant the Sanctioning Body and Event Organizer the irrevocable right and permission to use photographs and/or video recordings of me, and to use, reproduce, edit, exhibit, project, display, copyright, publish and/or resell the same, in whole or in part, with or without my name, for any and all exhibitions, public displays, publications, commercial art, advertising purposes, television programs, and any other purpose whatsoever, without restriction or limitation. I waive any claims to compensation or damages based on the use of such photographs or video recordings by the Sanctioning Body or Event Organizer.

3. Sportsmanlike Conduct

 I agree to conduct myself in a sportsmanlike manner consistent with the rules and spirit of fair competition. I will treat all participants, staff, and spectators with respect.

4. Rules & Regulations

• I agree to abide by all rules, regulations and instruction from Sanctioning Body and Event Organizer staff members pertaining to this event.

5. Medical Care

 I consent to receiving medical treatment deemed necessary if I suffer an injury or illness during the event.

BY PARTICIPATING IN THIS EVENT, I ACKNOWLEDGE THAT I HAVE CAREFULLY READ THIS WAIVER & RELEASE AND THAT I FULLY UNDERSTAND IT AND AGREE TO BE LEGALLY BOUND BY ITS TERMS.